



# Grafton Public School

654 STATION ROAD  
GRAFTON, ON K0K 2G0  
PHONE (905) 349-2591

**MARCH 2020**

## Principal's Message

### Principal:

Renee Cameron  
renee\_cameron@kprdsb.ca

### Secretary:

Karen Spicer  
karen\_spicer@kprdsb.ca

### Superintendent:

Jack Nigro  
Jack\_Nigro@kprdsb.ca

### Trustees

Terry Brown  
Terry\_Brown@kprdsb.ca  
Jaine Klassen Jeninga  
jaine\_klassenjeninga@kprdsb.ca

### School Council Chair

Pam Dhaliwal

### School Website

<http://grafton.kprdsb.ca/>

**Social Media Follow us@graftonpublic**



**Lates, Absences & Safe Parent Portal**



Thank-you for supporting our School Council Movie Days and hot lunches. Money from these recently purchased equipment for our Phys. Ed classes. Our School Council is also supporting us with our latest technology upgrades. Our desktop computers are getting replaced by Chromebooks in our computer lab when they are no longer current. Our school technology budget purchased 15 Chromebooks, 2 Chromebook charging/portable carts and replaced some Smart Board projectors.

This month our grade 7 & 8 students will have a presentation from M.A.D.D. The presentation is geared towards this age and explains the tragic consequences of impaired driving.

If you or Grafton grandparents have gardening knowledge then please contact the office. We would like to use funds that have been directed for Grace's Garden to place a limestone path on our old mulch path. We also need tips on how to weed/plant properly. We have many eager students that would like to help volunteers with this in April. Volunteers will need to have a current police check.

If you know of friends, family or neighbours that haven't registered for kindergarten, please ask them to come in or register online. Early registrations at this time of year for all grades provide staff for September.

If I don't see you before March break, I hope that you have a safe and relaxing time with your family.

*Renee Cameron*

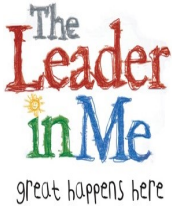
## MARCH DATES:

- 9-Grade 8 Grad Photo Retakes
- 12-M.A.D.D Canada Presentation (gr 7 & 8 only)
- 13-20—March Break
- 25-School Council 6:00pm Everyone welcome!
- 27—Earth Hour (pm)

## SAVE THE DATE:

- April 8- Day of Pink-Anti-Bullying Day
- April 10-Good Friday
- April 13-Easter Monday
- April 24-PA Day

## THE LEADER IN ME©



Our Student Lighthouse team led Pink Shirt Day activities with our Child and Youth Worker Mrs. Byrnes. Each student was asked to trace their hand and create a positive message heart. Thank-you for helping make Grafton PS a place where students know that no one should get bullied.

## COMMUNITY NEWS

### It's time to update your child's immunization records!

By law, all students need to have an up-to-date immunization record on file at the health unit for:

Tetanus, Diphtheria, Polio, and Pertussis; Measles, Mumps, and Rubella; Meningococcal disease

Children born in 2010 or later also need two-doses of a Chickenpox (Varicella) containing vaccine.

If your child will not be getting these vaccines, you will need to give public health a valid exemption (medical or Affidavit). If public health does not have an updated

your child, *they could be temporarily suspended from school*. For more information, please contact public health in your area: Northumberland – HKPR District record for Health Unit 1-866-888-4577 or submit online at: <https://hkpr.icon.ehealthontario.ca/#!/welcome>

### HELP YOUR CHILD TO GET THE SLEEP THEY NEED:

*Children aged 5-13 years need 9-11 hours of quality sleep each night. Teenagers (ages 14-17) need 8-10 hours.* Help your child get the sleep they need:

- Set a consistent bed-time and wake-time (even on weekends).
- Create a relaxing bedtime routine that includes reading, taking a bath or listening to music.
- Set up a sleeping space that is cool, dark and quiet.
- Keep the TV, electronics and cell phones out of your child's bedroom – they interfere with natural sleep cycles.

If your child has difficulties staying asleep, talk to your doctor or healthcare provider. More information, contact Northumberland – HKPR District Health Unit 1-866-888-4577

## SPRING SPORTS FINANCIAL ASSISTANCE: KID SPORT™

Did you know that Northumberland County has Kidsport™ to help kids and youth age 18 and under participate in sports? You can apply online at: <http://www.kidsportcanada.ca/ontario/northumberland/apply-for-assistance/> or call 905-885-7908



## SCHOOL CALENDAR 2020-2021

Trustees have approved the 2020-2021 School Year Calendar for submission to the Ministry of Education for final approval.

Highlights of the approved calendar include:

1<sup>st</sup> day of classes – **Tuesday, September 8, 2020**

Last day of classes – **Tuesday, June 29, 2021**

Winter Break – **Monday, December 21, 2020 to Friday, January 1, 2021** (Monday, January 4, 2021 will be the first day of classes)

March Break – **Week of March 15 to March 19, 2021**

## KPR OFFERS FREE MENTAL HEALTH FIRST AID WORKSHOP FOR PARENTS APRIL 30-MAY 1

KPR is offering a free, two-day Mental Health First Aid Canada workshop for parents and guardians of students ages 12-17. Online registration is open now for the workshop, which will take place: Thursday, April 30 and Friday, May 1

9:30 a.m.-3:30 p.m.

Kirby Professional Learning Centre, Room 104

3675 Concession Road 7, Orono

Participants will learn how to recognize the signs and symptoms of mental health problems, provide initial help, and guide an individual towards appropriate professional help. The workshop is being held in the days leading up to Mental Health Week May 4-10.

Space is limited, so early registration is recommended by visiting <https://www.eventbrite.ca/e/mental-health-first-aid-tickets-92364547849?aff=ebdssbdestsearch>

